

TABLES - "GOING FOR YOUR PERSONAL BEST"

1 X 11 = 11	4 X 11 =	5 X 11 =	8 X 11 =
2 X 11 = 22	7 X 11 =	6 X 11 =	3 X 11 =
3 X 11 = 33	5 X 11 =	9 X 11 =	5 X 11 =
4 X 11 = 44	11 X 11 =	2 X 11 =	11 X 11 =
5 X 11 = 55	10 X 11 =	12 X 11 =	2 X 11 =
6 X 11 = 66	1 X 11 =	1 X 11 =	7 X 11 =
7 X 11 = 77	8 X 11 =	3 X 11 =	4 X 11 =
8 X 11 = 88	9 X 11 =	11 X 11 =	1 X 11 =
9 X 11 = 99	12 X 11 =	8 X 11 =	6 X 11 =
10 X 11 = 110	2 X 11 =	4 X 11 =	10 X 11 =
11 X 11 = 121	6 X 11 =	7 X 11 =	12 X 11 =
12 X 11 = 132	3 X 11 =	10 X 11 =	9 X 11 =
	TIME:	TIME:	TIME:

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