

TABLES - "GOING FOR YOUR PERSONAL BEST"

1 X 3 = 3	5 X 3 =	8 X 3 =	9 X 3 =
2 X 3 = 6	7 X 3 =	3 X 3 =	4 X 3 =
3 X 3 = 9	2 X 3 =	9 X 3 =	10 X 3 =
4 X 3 = 12	8 X 3 =	6 X 3 =	1 X 3 =
5 X 3 = 15	10 X 3 =	2 X 3 =	7 X 3 =
6 X 3 = 18	3 X 3 =	11 X 3 =	5 X 3 =
7 X 3 = 21	6 X 3 =	10 X 3 =	12 X 3 =
8 X 3 = 24	12 X 3 =	1 X 3 =	11 X 3 =
9 X 3 = 27	11 X 3 =	4 X 3 =	8 X 3 =
10 X 3 = 30	9 X 3 =	7 X 3 =	6 X 3 =
11 X 3 = 33	4 X 3 =	12 X 3 =	3 X 3 =
12 X 3 = 36	1 X 3 =	5 X 3 =	2 X 3 =
	TIME:	TIME:	TIME:

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