

TABLES - "GOING FOR YOUR PERSONAL BEST"

$10 - 0 = 10$	$10 - 1 =$	$10 - 8 =$	$10 - 4 =$
$10 - 1 = 9$	$10 - 4 =$	$10 - 2 =$	$10 - 6 =$
$10 - 2 = 8$	$10 - 7 =$	$10 - 10 =$	$10 - 3 =$
$10 - 3 = 7$	$10 - 5 =$	$10 - 9 =$	$10 - 7 =$
$10 - 4 = 6$	$10 - 8 =$	$10 - 1 =$	$10 - 5 =$
$10 - 5 = 5$	$10 - 2 =$	$10 - 6 =$	$10 - 10 =$
$10 - 6 = 4$	$10 - 0 =$	$10 - 7 =$	$10 - 8 =$
$10 - 7 = 3$	$10 - 10 =$	$10 - 3 =$	$10 - 1 =$
$10 - 8 = 2$	$10 - 9 =$	$10 - 5 =$	$10 - 9 =$
$10 - 9 = 1$	$10 - 3 =$	$10 - 4 =$	$10 - 0 =$
$10 - 10 = 10$	$10 - 6 =$	$10 - 0 =$	$10 - 2 =$
	TIME:	TIME:	TIME:

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$10 - 0 = 10$	$10 - 2 =$	$10 - 3 =$	$10 - 5 =$
$10 - 1 = 9$	$10 - 7 =$	$10 - 1 =$	$10 - 4 =$
$10 - 2 = 8$	$10 - 4 =$	$10 - 9 =$	$10 - 10 =$
$10 - 3 = 7$	$10 - 5 =$	$10 - 8 =$	$10 - 6 =$
$10 - 4 = 6$	$10 - 10 =$	$10 - 7 =$	$10 - 0 =$
$10 - 5 = 5$	$10 - 9 =$	$10 - 6 =$	$10 - 2 =$
$10 - 6 = 4$	$10 - 3 =$	$10 - 2 =$	$10 - 9 =$
$10 - 7 = 3$	$10 - 0 =$	$10 - 0 =$	$10 - 8 =$
$10 - 8 = 2$	$10 - 1 =$	$10 - 4 =$	$10 - 1 =$
$10 - 9 = 1$	$10 - 8 =$	$10 - 10 =$	$10 - 3 =$
$10 - 0 = 10$	$10 - 6 =$	$10 - 5 =$	$10 - 7 =$
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$10 - 3 = 7$	$10 - 5 =$	$10 - 9 =$	$10 - 7 =$
$10 - 4 = 6$	$10 - 8 =$	$10 - 1 =$	$10 - 5 =$
$10 - 5 = 5$	$10 - 2 =$	$10 - 6 =$	$10 - 10 =$
$10 - 6 = 4$	$10 - 0 =$	$10 - 7 =$	$10 - 8 =$
$10 - 7 = 3$	$10 - 10 =$	$10 - 3 =$	$10 - 1 =$
$10 - 8 = 2$	$10 - 9 =$	$10 - 5 =$	$10 - 9 =$
$10 - 9 = 1$	$10 - 3 =$	$10 - 4 =$	$10 - 0 =$
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$10 - 4 = 6$	$10 - 10 =$	$10 - 7 =$	$10 - 0 =$
$10 - 5 = 5$	$10 - 9 =$	$10 - 6 =$	$10 - 2 =$
$10 - 6 = 4$	$10 - 3 =$	$10 - 2 =$	$10 - 9 =$
$10 - 7 = 3$	$10 - 0 =$	$10 - 0 =$	$10 - 8 =$
$10 - 8 = 2$	$10 - 1 =$	$10 - 4 =$	$10 - 1 =$
$10 - 9 = 1$	$10 - 8 =$	$10 - 10 =$	$10 - 3 =$
$10 - 0 = 10$	$10 - 6 =$	$10 - 5 =$	$10 - 7 =$
	TIME:	TIME:	TIME: